

Mind Games Episode 4
"Truthoughts: Part 2
What the devil doesn't want you to know"
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1. Change Your Mind – Change your mind and change your life.
2. A Beautiful Mind – three laws of the mind.

The Law of Focus: you become like what you think about.

The Law of Substitution: you can only think of one thing at a time.

The Law of Spiritual Warfare: there is a battle being waged for your mind by the enemy.

3. Truthoughts – the truth about lies, truth, and our thinking.

Romans 12:2 "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

Deuteronomy 1:6 "The LORD our God said to us at Horeb, 'You have stayed long enough at this mountain.'"

Deuteronomy 1:2 "It is [only] eleven days' journey from Horeb by the way of Mount Seir to Kadesh-barnea [on Canaan's border; yet Israel took forty years to get beyond it]." (Amplified Bible)

Three Steps to Winning the Battle of Your Mind

Step # 1: Identify Wilderness Thinking

A: Ask GOD to show you harmful patterns of thinking.

Psalm 139:23-24 "Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life."

B. Search the BIBLE to discover harmful patterns of thinking.

Psalm 119:9,11 "How can a young person stay pure? By obeying your word. I have hidden your word in my heart, that I might not sin against you."

2 Peter 3:1-2 "Dear friends, this is now my second letter to you. I have written both of them as reminders to stimulate you to wholesome thinking. I want you to recall the words spoken in the past by the holy prophets and the command given by our Lord and Savior through your apostles."

Either sin will keep you from the Bible, or the Bible will keep you from sin!

C. Ask godly friends to show you the result of harmful thinking in your life.
Proverbs 12:15 “Fools think their own way is right, but the wise listen to others.”

Step #2: Substitute Promised Land Thinking

Examples of Wilderness Thinking:

Example A: VICTIM Mentality

Genesis 3:12-13 “The man said, ‘The woman you put here with me - she gave me some fruit from the tree, and I ate it.’ The woman said, ‘The serpent deceived me, and I ate.’”

Numbers 21:4-5: “But the people grew impatient with the long journey, and they began to speak against God and Moses. ‘Why have you brought us out of Egypt to die here in the wilderness?’ they complained. ‘There is nothing to eat here and nothing to drink. And we hate this horrible manna!’”

Say, “I am not a victim, I AM A VICTOR!”

Romans 8:37 “In all these things we are more than conquerors through him who loved us.” Substitute the truth for that old lie of the victim mentality.

Example B: LOSER Mentality

Numbers 13:31-33 “‘We can’t attack those people; they are stronger than we are. We seemed like grasshoppers in our own eyes, and we looked the same to them.’”

Say: “I am not a loser, for GOD LOVES ME!”

Romans 8:38-39 “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

Example C: MARTYR Mentality

Numbers 14:1-3: “Then the whole community began weeping aloud, and they cried all night. ‘If only we had died in Egypt, or even here in the wilderness!’ they complained. ‘Why is the LORD taking us to this country only to have us die in battle? Our wives and our little ones will be carried off as plunder! Wouldn’t it be better for us to return to Egypt?’”

Say: “I AM BLESSED AND HIGHLY FAVORED!”

Romans 8:31-32 “If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all - how will he not also, along with him, graciously give us all things?”

Step #3: PRACTICE TRUTHOUGHT THINKING

Isaiah 26:3 “You will keep the man in perfect peace whose mind is kept on You.”

Philippians 2:5 “Think as Christ Jesus thought.”

John 13:17 “If you know these things, you will be happy if you do them.”